Paul Mitchell The School Salt Lake City

MASTER ESTHETICS (1300 HOURS) COURSE INFORMATION

MASTER ESTHETICS (1300 HOURS) COURSE DESCRIPTION

Standard Occupational Classification (SOC) 39-5094.00
Classification of Instructional Programs (CIP) Code 12.0414

This program is not currently offered.

The curriculum involves 1200 hours to satisfy Utah state requirements, with an additional 100 hours focused towards permanent cosmetics. The course includes extensive instruction and practical experience in facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing. The state of Utah requires 1200 hours of education to become licensed as a master esthetician; however, the school is approved by the state to offer a 1300 hour master esthetician course. Within the additional 100 hours the student will be able to master the skills and techniques of permanent cosmetics.

****Graduates are prepared to be an entry level master esthetician.***
This course is taught in English. Textbooks and course materials are only offered in the English Language.

MASTER ESTHETICS (1300 HOURS) COURSE OVERVIEW

Course Hours: 1300 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-Clinical Classroom Instruction:** The first 190 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 50% of the program's total clock hours through distance education.

MASTER ESTHETICS (1300 HOURS) COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.
- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.

- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.
- **NPCA Permanent Cosmetics:** During this 100-hour phase, students will master the knowledge and skills in permanent cosmetics and gain a strong foundation of: microblading, color theory, machine brows, lip blush, and permanent eyeliner.

MASTER ESTHETICS (1300 HOURS) COURSE SUBJECTS

The instructional program of Paul Mitchell The School Salt Lake City meets or exceeds the state requirements. The following subjects are taught within the brick & mortar program and the hybrid program:

Subject	Required Objectives Include	Objective Clock Hours
Overview of Curriculum		0.5
Implements, tools, and equipment for master esthetics		5.5
Analysis of the hair and skin	Properties of hair and skin	22
Diseases and disorders of the hair or skin prevention	Bacteriology; sanitation; sterilization; decontamination; and infection control	30
Personal, client, and shop safety	First aid; disinfection methods and procedures; sterilization methods and procedures; aseptic techniques; sanitary procedures; blood exposure procedures; Environmental Protection Agency (EPA) regulations; safety data sheet; and department of Health and Human Services regulations including Section 26B-7-402 and Rule R392-70	40
Manual hair removal	Draping; hard wax; soft wax; sugaring; depilatories; tweezing; shaving; and pre-care and post-care	10
Extractions	Manual methods; advanced; and comedone extractor	10
Facials	Manual methods; mechanical methods; cleansing clays; masks; and product knowledge	7.5
Laser	Laser and light physics training; laser technologies and application; safety and maintenance of lasers that may be satisfied by completing the Laser Safety Officer Course	125
Cosmetic medical procedures allowed		5
Chemical peels	Basic and advanced	30
Body Wraps		15
Microneedling		25
Dermabrasion and sanding		25
Chemistry for master esthetics		75
Body contouring and body dysmorphia as it relates to body contouring	Anatomy	15
Advanced pedicures	Anatomy Physiology of the lymphatic system Associated modalities	15 15 10
Law and rule		2
Business and shop management	Developing a clientele; professional image; professional ethics; professional associations; public relations; and advertising	30

Subject	Required Objectives Include	Objective Clock Hours
Legal issues	Malpractice liability; regulatory agencies; and tax laws	20
Elective topics		59

MINIMUM SERVICE COUNTS FOR THE MASTER ESTHETICS LICENSE

Service Count Category	Minimum Service Count	Service Count Clock Hour	Total Hours
Waxing of the brow, lip, nose, cheeks, or chin using hard or soft wax or sugaring in any combination	15	0.5	7.5
Small or medium area waxing	10	1	10
Large area waxing	5	1.5	7.5
Manual extractions, including using a comedone extractor	10	0.25	2.5
Back or basic facial	10	1	10
Cleansing the skin, applying oils, or antiseptics	shall complete with each service count	time included in each service count	time included in each service count
Limited chemical exfoliation including pre and post care	10	1	10
Arching of the eyebrows by tweezing or waxing	5	0,25	1.25
Eyelash perming or brow lamination	5	1	5
Tinting eyelashes or eyebrows	5	0.5	2.5
Securing the eyelash using tape or pad	10	0.5	5
Classic eyelash application or applying replacement lashes	10	2	20
Removal of lashes	2	0.25	0.5
Natural manicure including the use of manual tools or e-file	3	1	3
Natural pedicure including the use of manual tools or e-file	3	1	3
Callus removal by buffing or filing	3	0.25	0.75
Lymphatic massage	5	1.5	7.5
Body Wraps or hydrotherapy	3	1.5	4.5
Sanding to the stratum corneum	5	1.5	7.5
Microneedling	3	1.5	5.5
Dermaplaning	5	2	10
Other esthetic preparation using LED, galvanic, high frequency, microcurrent or ultrasonic exfoliation	10	1	10
Hot stone therapy	3	1.5	4.5
Contouring or cryolipolysis using any radiofrequency, ultrasonic, cavitation, or laser and light device	5	2	10
Chemical exfoliation or mechanical exfoliation including pre and post care	10	1.5	15
Small or medium area laser hair removal using any approved laser device	15	0.75	11.25
Large area laser hair removal using any approved laser device	5	1.5	7.5

Service Count Category	Minimum Service Count	Service Count Clock Hour	Total Hours
Anti-aging resurfacing enhancements using any approved laser or light device	5	2	10
Photo rejuvenation using any approved laser or light device	5	2	10
Cleansing the skin, applying oils, or antiseptics	shall complete with each service count	time included in each service count	time included in each service count
Draping	shall complete with each service count	time included in each service count	time included in each service count
Client Consultation	shall complete with each service count	0.25	46.25
Sanitation, sterilization, decontamination, and infection control	shall complete with each service count	0.25	46.25
Electives based on technology and industry advancements			306.75
Master Esthetics Practical exam review	1	8	8

**The time included in each service count cannot be accurately determined until the service has been fully completed.*

Additional 100 hours for the Master Esthetics 1300 Hours program:

Subject	Practical Application	Theory Hours
NPCA Online Fundamentals		14
NPCA Online Microblading		5
NPCA Online Machine Brows		6
NPCA Online Blush		6
NPCA Online Permanent Eyeliner		3
NPCA Hands-On Practical Training	66	
TOTAL HOURS	**66**	**34**
TOTAL CLOCK HOURS	**1300**	

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

Distance Education hours and assignments are graded and recorded daily. Theory chapter exams, final exams and final practical evaluations must completed in the school facility.

MASTER ESTHETICS (1300 HOURS) PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 1300-hour course:

1. **Academic theory exams:** Students must receive a grade of 70% or higher on each assigned theory exam. Exams are completed at the conclusion of each online theory module. Depending on the length of the distance education module, theory exams will occur weekly or bi-monthly. The theory exams will evaluate the student's academic performance for each subject of the distance education curriculum.
2. **Core written and practical skills evaluation:** Students must receive a grade of 70% or higher on each written exam and each practical skill exam in order to complete the Core program. The exams are an overview of instruction taught during the Core schedule. All Core written and practical skill exams must be passed with a 70% in order to transition to the Clinic Classroom. If students are unable to pass each exam after two attempts,

the student may be asked to withdraw from the program and re-enroll in the next available Core class start date. The Core written and practical skills evaluation must be completed within the school facility and cannot be taken through distance education.

3. **Final exam 1:** This test is an overview of all related esthetics subjects (e.g., anatomy, chemistry, etc.). Students must receive a grade of 70% or higher on all final tests. Final Exam 1 must be completed within the school facility and cannot be taken through distance education.
4. **Final exam 2:** The written test covers an overview of all theory instruction, Utah state law, and other items covered on the state esthetics exam. Final Exam 2 must be completed within the school facility and cannot be taken through distance education.
5. **Clinic Practical Skill Assessments:** Future Professionals progress in practical skill assessments and theory hours will be digitally monitored on a weekly basis by the Future Professional Advisor using the MyPortico app. All assigned practical skill assessments must be completed in order to complete the program.
6. **Distance education assessments:** Students must complete a distance education written assessment and practical skill assessment. These are based on performance and must be completed on-campus each month. The distance education assessment will focus on the distance education subjects covered during that time period. Students must receive a grade of 70% or higher on each distance education written assessment and each practical skill assessment. Only students enrolled in the distance education program are required to complete these assessments.

MASTER ESTHETICS (1300 HOURS) INSTRUCTIONAL TECHNIQUES AND METHODS

The Master Esthetics 1300 clock hour course is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, distance education, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.

In order to enroll in the hybrid program of study, the Future Professional must have the following hard-ware, software, and network requirements:

- Apple iPad (Wi-Fi 32GB), computer, laptop, tablet or smartphone
- High-Speed Internet minimum of an internet connection of at least 02.0 Mbps per user
- Milady Mindtap
- Google Chrome or Safari
- Zoom